

***FC* RULES**

- 1. PLEASE RESPECT STAFF'S FACILITY MANAGEMENT**
- 2. DO YOUR PART: STAY 6 FEET APART**
- 3. BE COURTEOUS TO OTHERS**
- 4. IF YOU ARE SICK, PLEASE DO NOT COME IN**
- 5. IF MASKS AND GLOVES ARE REQUIRED, PLEASE USE THEM**
- 6. PLEASE WASH YOUR HANDS WHEN ENTERING AND EXITING FACILITY**
- 7. LIMIT LOCKER ROOM USAGE -
PLEASE ARRIVE ALREADY IN WORKOUT CLOTHES, IF POSSIBLE**
- 8. PLEASE WIPE DOWN ALL EQUIPMENT BEFORE AND AFTER USE**
- 9. FEEL FREE TO CARRY AROUND A CLEANING SPRAY BOTTLE
FOR YOUR CONVENIENCE**
- 10. IF YOU NEED SPOTTING, PLEASE ASK A STAFF MEMBER**
- 11. PLEASE DO NOT MOVE BENCHES**
- 12. LOCKER ROOM SAUNAS ARE TEMPORARILY CLOSED**
- 13. WATER FOUNTAINS ARE TEMPORARILY UNAVAILABLE -
PLEASE BRING IN YOUR OWN WATER**
- 14. COFFEE IS TEMPORARILY UNAVAILABLE**
- 15. IF YOU OBSERVE ANY RULES BROKEN, PLEASE NOTIFY STAFF**